



## BIOGRAPHY

Lesley Michaels is a keynote speaker and transformational coach who applies simple brain science to reset habitual behavior patterns and establish a Leadership mindset. As a third-generational feminist, she also supports women in building strategic alliance networks to elevate their effectiveness and strengthen their voices as leaders in today's business arena.

More than ever before, life during the time of COVID-19 required consistent and never-ending innovation and the agility to pivot with ease. The long-term effects on business are challenging us to develop evergreen resilience as an entrance point to sustainable success. Lesley works with individuals, organizations, and executives to help them employ change as an ongoing strategy for creating new opportunities that inspire maximum performance.

Lesley Michaels ran up the ranks of corporate oil before women were common in that industry. Later pivoting into coaching, she became a highly sought-after public speaker on the topic of habitual human behavior. Lesley has trained and led programs around the globe in the areas of mindset-reset for effective communication, resilience, leadership, transformation, and relationships. Her powerful and practical talks offer a unique bridge between self-development and professional excellence. Each presentation is crafted to inspire, empower, and guide people to achieve greater impact through heightened awareness, authenticity, transparency, and audacious action.

Lesley shares skills, tools, strategies, and practices based on brain science that extend value beyond the event setting to achieve sustainable results.

Reinvention, resilient leadership, and lasting personal, professional, and business growth are the cornerstones of what Lesley brings to every speaking and coaching engagement.

Most recently, Lesley has employed all her passions and well-tuned skills toward launching a podcast, *Women We Should Know*, and releasing the book *On the Shoulders of Mighty Women*.

Supporting women to achieve their greatest leadership potential while lifting one with them as they rise is central to Lesley's life and work.

Often referred to as 'the coach's coach,' Lesley Michaels is admired for her inspiring impact on creative thinkers, social innovators, transformational coaches, and heart-centered leaders worldwide.

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## CONTACT

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